



## Eagle Canyon's Kindergarten Readiness Night

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April 24, 2024



# How can Parents Help?

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- One of the most important things you can do over the summer to prepare your five-year-old for kindergarten is to help your child to become more independent.

# Set a Consistent Routine



- **Setting up a consistent routine prior to the start of school will help your child feel prepared for the first day of school.**
- **1. set a bedtime**
- **2. get up early and go through the morning preparations getting dressed, eating breakfast, packing a backpack and any other morning rituals.**
- **3. Together create a special good-bye (high five, hugs, special handshake, etc)**



# Foster Independence

- Your kindergartner should be able, without assistance, to take care of their personal needs such as:
  - Care for their toilet needs and remember to wash their hands.
  - Use tissue to blow their nose.
  - Zip and button pants and jacket independently.
  - Tie shoelaces.
  - Pack/unpack a backpack
  - Open their snack



# Independence and Responsibility

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- Your 5-year-old will gain a sense of independence and responsibility if you teach and expect your child to:
  - Put their own clothes away.
  - Help set the table.
  - Help with laundry and shopping.
  - Help care for pets.
  - Clean up after themselves, putting toys away.
  - Listen when others are speaking to them.
  - Follow simple directions.





# Sit Quietly for 15 Minutes

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# Follow 3 Directions

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“Go upstairs”

“Put your  
pajamas on”

“Put your  
clothes in the  
hamper”

# Social Skills

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- Give your children opportunities to interact with other children in preschool, church or social groups or play dates.
- Teach your child how to express her feelings if she doesn't like something.
- Role-play different situations she might experience on the playground or at school. Help her find solutions for typical problems she might encounter.







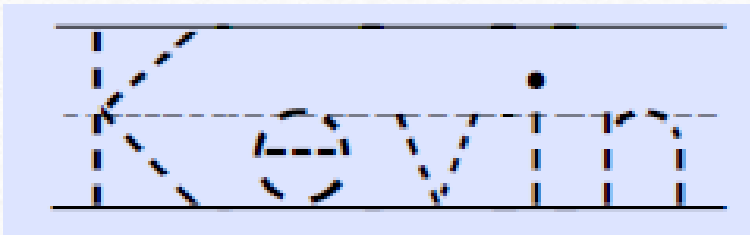
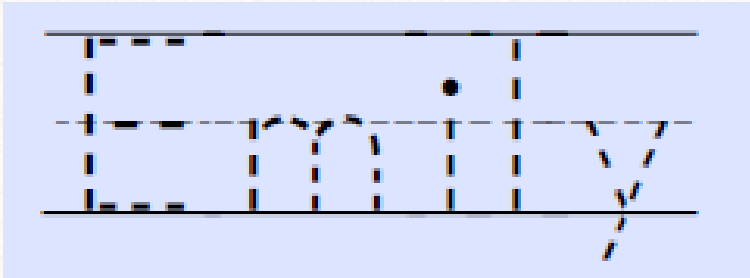
# Important Skills in Preparation for Kindergarten

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Please work on the  
Kindergarten Readiness  
Packet prior to the start of  
school

# Write & Recognize First Name

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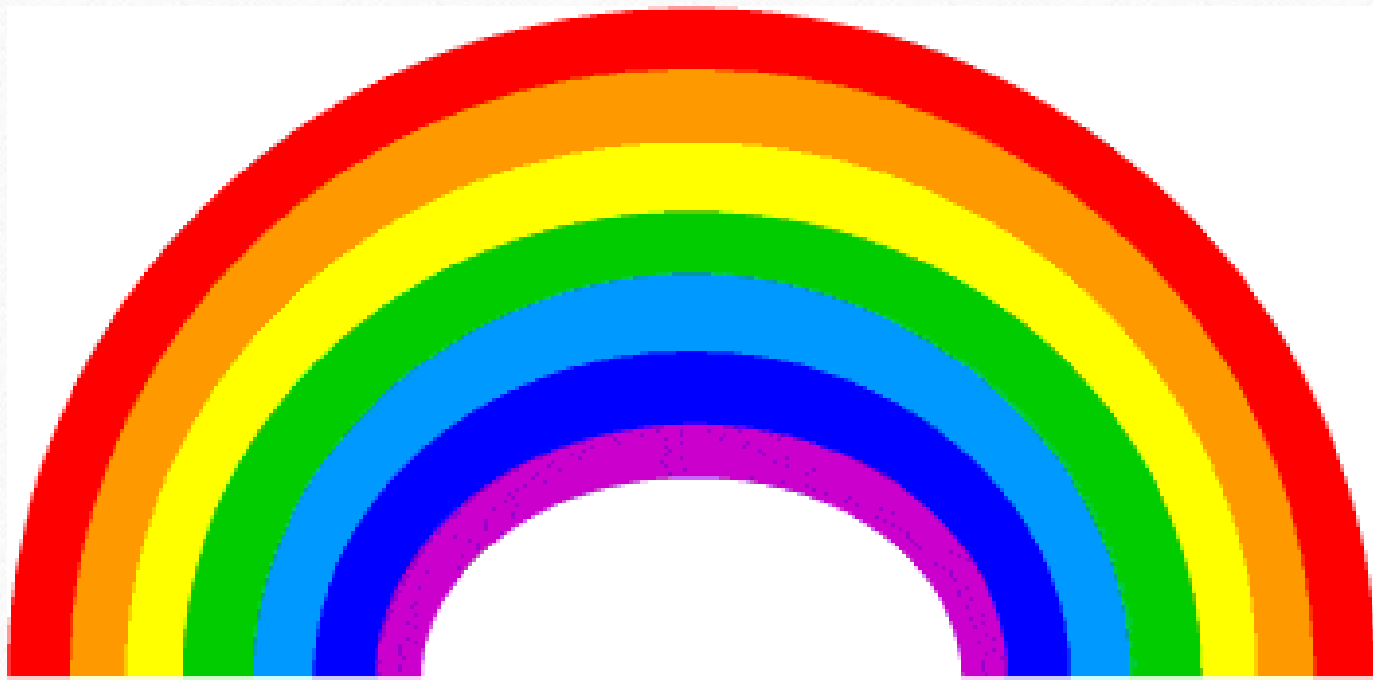
It is very important for children to learn early on to write a capital letter for only the first letter of their name.

Letters should be written top to bottom, left to right.

Students should be able to recognize their name.

# Identify the Colors

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# Count & Recognize Numbers to Ten





# Letter Names/Letter Sounds



Environmental Print



# Rhyming

## Nursery Rhymes



at



sat

flat

cat

mat



# Recognize Shapes



Triangle



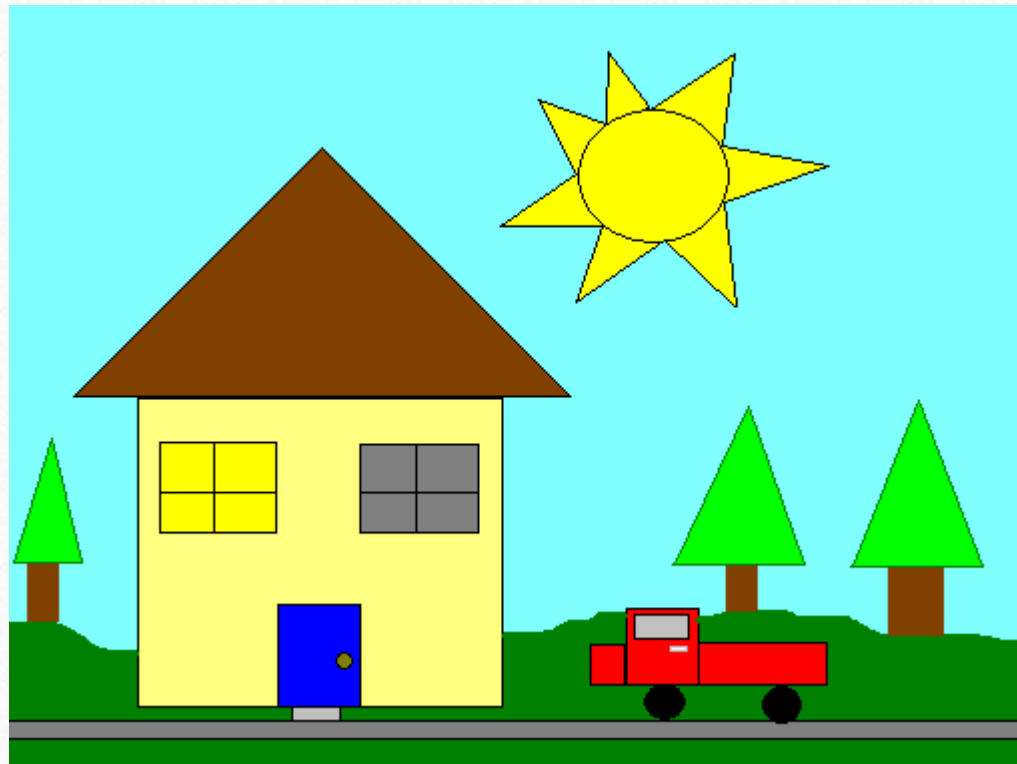
Square



Circle



Rectangle



Teach Your  
Child How  
to Hold  
a Pencil  
Correctly



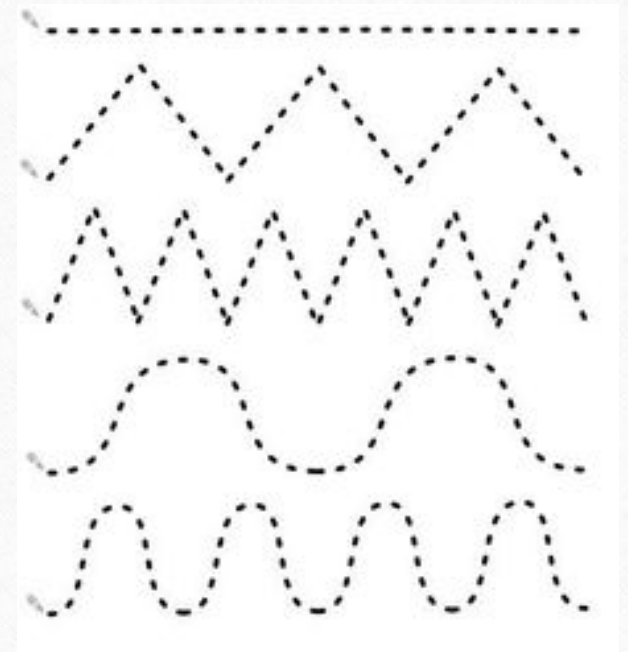
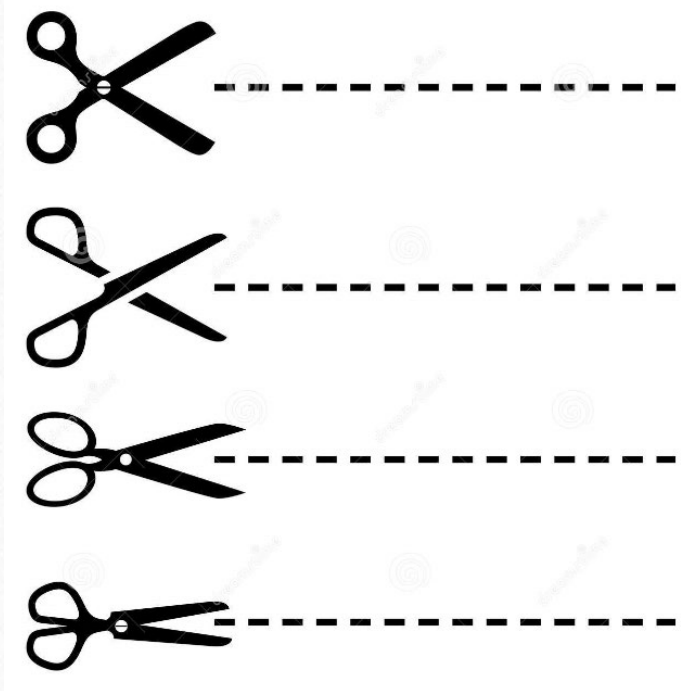
# Hold Scissors Correctly

- Thumb on top





# Cut on Lines





# Ideas for Cutting Practice

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- Purchase a good pair of child-safe scissors and let your child practice.
- Give her old magazines or newspapers to cut up, or allow her to make a collage of the things she likes by cutting them from magazines and gluing them to a piece of paper.
- Cutting play dough is also fun for children.
- Cut up paper in strips to make “spaghetti.”



# Color Within the Lines

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# Read! Read! Read!

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- Run your finger under the words as you read to your child to help her learn that words go from left to right and top to bottom.
- Look and discuss the illustrations
- Ask thought provoking questions as you read
- Read daily with your child



# WHY READ 20 MINUTES AT HOME?

Student A Reads	Student B Reads	Student C Reads
❖ 20 minutes per day.	❖ 5 minutes per day.	❖ 1 minute per day
❖ 3,600 minutes per school year.	❖ 900 minutes per school year.	❖ 180 minutes per school year.
❖ 1,800,000 words per year.	❖ 282,000 words per year.	❖ 8,000 words per year.
		
❖ Scores in the 90 <sup>th</sup> percentile on standardized tests.	❖ Scores in the 50 <sup>th</sup> percentile on standardized tests.	❖ Scores in the 10 <sup>th</sup> percentile on standardized tests.

If they start reading for 20 minutes per night in Kindergarten, by the end of 6<sup>th</sup> grade, Student A will have read for the equivalent of 60 school days, Student B will have read for 12 school days, and Student C will have read for 3.

(Nagy and Herman, 1987.)

## WANT TO BE A BETTER READER? SIMPLY READ.

## IT ADDS UP!

If you read just  
15 minutes a day,  
in one year you  
will have read  
over 1,000,000  
words!

Source: Statisticbrain.com





Let your children go...

They'll never be strong  
unless they get hurt.

They'll never learn  
without making mistakes.

They'll never be successful  
without a few failures.

So, take a deep breath,  
and LET. THEM. GO...

[Facebook.com/AFineParent](https://www.facebook.com/AFineParent)

# Online Resources

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- <http://www.themeasuredmom.com/10-ways-to-get-ready-for-kindergarten/>
- <http://www.themeasuredmom.com/teach-child-write-name-kindergarten/>
- <http://thisreadingmama.com/free-cutting-practice-with-scissors/>
- <http://www.learnwithplayathome.com/?m=1>
- <http://growingbookbybook.com/101-books-read-kids-kindergarten/>
- [http://www.merakilane.com/10-scissor-activities-for-preschoolers/#\\_a5y\\_p=3661011](http://www.merakilane.com/10-scissor-activities-for-preschoolers/#_a5y_p=3661011)
- <http://www.pre-kpages.com/teach-scissor-cutting-skills/>



# Local Resources/Activities

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- Public Library <http://www.sbclib.org/CoursesandEvents.aspx>
  - <http://colapublib.org/libs/diamondbar/index.php>
- Barnes & Noble <http://stores.barnesandnoble.com/store/2300>
- Home Depot <http://www.homedepot.com/workshops/#store/6645>
- Chino Creek Wetlands & Educational Park
  - Earth Day Event: <https://www.ieua.org/event/10936/>
- Amy's Farm <http://www.amysfarm.com/>
- Chino Youth Museum <http://www.chinoyouthmuseum.com/>
- Parks and Recreation <https://recreation.chinohills.org/wbwsc/webtrac.wsc/splash.html>



# School Hours for 2024/25

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Early Bird/Late Bird Model

7:50 – 11:10 Early Birds

9:20 – 12:40 Late Birds

A.M. Kindergarten 7:50 – 11:10

P.M. Kindergarten 11:10- 2:30

**\*All Kinder Students – Minimum  
Day Schedule on Wednesday's  
7:50 – 11:10**



# School Lunch Hours for 2024/25

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7:20 – 7:40 Breakfast for Early Birds/AM Kindergarten

10:50 PM students lunch

11:10 – Lunch AM Kinder/Early Birds

12:40 – Lunch Late Birds

# Thank You for Coming!!!

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We can't wait to see you at

**Back To School Night**

August 1, 2024 @ 5:30

**Meet Your Teacher**

Aug 2, 2024 @ 8:00

